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### *What is NLP?*

NLP or Neuro-linguistic Programming was co-developed by Dr. John Grinder PhD and Dr. Richard Bandler to model and replicate the patterns of exceptional performance in any field.

NLP has been described as a technology based upon an attitude of curiosity towards life, coupled to a methodology of reframing. Modelling is the heart of NLP wherever NLP is practised, be it in communications, therapy, or business.

**Neuro** is how the brain works to take in more information and make the best use of it.

**Linguistics** is how we use language to structure and enrich our experience.

**Programming** is how we build useful habits to build success.

NLP the art and science of human excellence is a way of bringing out the best in yourself, and in others.

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### *Training Skills in:*

*Building rapport with groups*

*Structuring, remembering & delivering presentations*

*Training others effectively*

*Handling & delivering questions*

*Accessing confidence*

*Speaking eloquently*

*Developing greater influence*

*Reading any audience*

*Presenting impactfully*

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# Speaking Up With Confidence



## **An Application of NLP**

**NLP Training Centre SA  
182 Glynburn Road  
Tranmere SA 5073**

**Telephone: 8553 9120  
[www.nlptraining.com.au](http://www.nlptraining.com.au)**

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*Do you want to find out more about NLP?*

*The Speaking Up With Confidence Training is for anyone who wishes to develop the art of speaking well. It's also for anyone who wants to learn how to speak in public, or, to present to groups of people large or small. It is also for those who wish to instruct or train others in any skill or body of knowledge.*

*The Speaking Up With Confidence Training is a practical, two-day NLP experience which will enable you to apply NLP skills to your life or use them to assist others.*

*The two days incorporates Classic Code and New code NLP processes that can be used to promote generative learning and continuous self-improvement.*

*So come along and join in the fun!*

***Paul Bennett BA (Hons) Dip Ed.  
Certified Trainer of NLP***

Paul has a background in education and training. He has been using NLP professionally since 1990 in private consultations and in the trainings he has conducted for companies and government departments.

## **Benefits of the training**

*Learn how to:*

*Connect with others skilfully*

*Read others with greater accuracy*

*Be confident*

*Become more persuasive*

*Present any material to any size group*

*Make your presentations memorable*

***Venue:***

NLP Training Centre SA  
182 Glynburn Road Tranmere SA 5073

***Dates:*** 25th & 26th July 2009

***Times:***

Sat - Sun 9.00am – 5.00pm.

***Course fees:***

***300-00 (GST Free.*** A non – refundable deposit of \$50-00 is required to reserve your booking.

Registration for the Speaking Up with Confidence Training.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

Today's date: \_\_\_\_\_

Yes please register me for \_\_\_place(s) on the Speaking Up With Confidence Training on 25th July 2009.

By cheque, or money order

For cheques and money orders

Deposit/payment enclosed \$ \_\_\_\_\_

Please make cheques or money orders payable to NLP Training Centre SA  
182 Glynburn Road, TRANMERE SA 5073

Please include additional names and addresses, here and on the back of this form.